



Mount Carmel High School Coaches Clinic

Teaching Champions: Fundamentals and Techniques for the Next Level



All grammar school coaches are invited to attend
Saturday, March 20, 2010

FREE Half Day Program Beginning at 8:30 a.m.

Food: Complimentary continental breakfast and lunch will be served

Activities: Presentations, Video, Live Demonstrations

The clinic will also have vendors featuring the latest products, a free clinic manual, door prizes, & other coaching resources

To register, please call the Coaches Clinic Hotline at 773.324.1020, ext. 298

The "Fundamentals and Techniques" clinic provides coaches with the innovative drills, techniques, and coaching points to run a fun, effective practice. Want to increase your student athletes' sense of self esteem and confidence? This clinic focuses on working with your football players in a positive way to produce winners on and off the field. Mount Carmel Varsity coaches will share their know-how from over 150 years of combined coaching experience. Come enjoy a morning of football and fellowship that will add to your coaching repertoire with practical, fun drills and skills to increase your players' abilities.

Headline Speaker: Frank Lenti

Head Coach, Mount Carmel High School

Frank Lenti recently coached the United States junior team in the world football championships. He has over 30 years of coaching experience and has led his varsity Caravan teams to 13 state championship games, winning 9 in establishing Mount Carmel as one of the nation's premiere programs. Coach Frank has often remarked "We don't coach football... We coach people"; that philosophy is the basis of this clinic.

Headline Speaker: Adam Cushing

Offensive Line Coach, Northwestern University

Adam Cushing is in his sixth season on the Wildcat staff and his fifth as a full-time assistant. In February of 2009, he was promoted to offensive line coach after serving as the Wildcats' superbacks coach. In January of 2008, he assumed the role of recruiting coordinator. In 2009, ESPN.com named Cushing one of the Big Ten's top recruiters. A native of Chicago, Cushing is a former player at Mount Carmel who went on to play at NCAA Division III University of Chicago.

Featured Presenters & Breakout Session Leaders Include members of the Mount Carmel High School Varsity Coaching Staff:

OFFENSE

Frank Lenti

Mike Daigler

John Hoerster

DEFENSE

Bill Nolan

David Lenti

Pete Kammholz

Mike Minogue

SPECIAL TEAMS

Mark Antonietti